



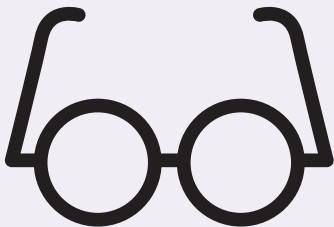
The Electrotechnical JIB

Setting employment standards

# What happens during an Occupational Health Assessment?

Your Occupational Health Assessment will either be carried out at a clinic, or on-site if your employer arranges this.

## Before you arrive...

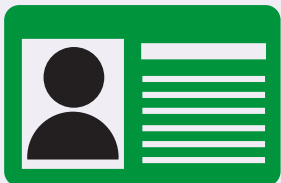


If you wear **glasses** or **hearing aids**, please take those along with you.

Please **don't smoke within 20 mins** of the appointment, as this can elevate your blood pressure and negatively affect the result of the respiratory test.



## On arrival...



You'll be asked to confirm your **identity**, so please ensure you take along some form of ID.

If you haven't been asked to complete it prior to the appointment, you'll be given a confidential **questionnaire** that asks about your medical history, general and occupational health.



The Occupational Health Professional will detail the range of **assessments** that are about to be carried out and why, and what will happen during each one.

The appointment should take no longer than **one hour**.

The OHA Professional will discuss the **results** with you and provide any necessary advice on next steps.



Your employer will receive **confirmation** that you've attended the assessment, along with the **outcome** regarding fitness for relevant tasks, plus any **advice** on risk control measures.

For more information on Occupational Health Assessments visit

[www.jib.org.uk/oha-operative](http://www.jib.org.uk/oha-operative)